



FRANKLIN SQUARE ELEMENTARY NOVEMBER 2018

LUNCH \$1.85 - ENTREE \$1.85

ALL BREAD & GRAIN ITEMS ARE WHOLE GRAIN

DAILY ENTREES:

TURKEY & CHEESE, HAM & CHEESE AND PBJ OR
SUNFLOWER SEED BUTTER ON WG
BREAD, ROLLS, WRAPS.

FRESH NYS APPLES, ORANGES & BANANAS
FRESH CARROTS, CELERY & CUCUMBERS
FRESH BAKERY BUNDLE BAGEL WITH CREAM
CHEESE OR BUTTER, BABY CARROTS & CHOICE OF
YOGURT, CHEESE STICKS OR HARDBOILED EGGS.
CEREAL LUNCH WITH STRING CHEESE
HUMMUS W/PITA CHIPS & FRESH VEGGIES
DAILY SIDE SALAD AS, AN ADDITIONAL VEGETABLE,
CONSISTING OF: 1 CUP ROMAINE LETTUCE,
SPINACH, KALE OR SPRING MIX, WITH SEASONAL
VEGETABLES

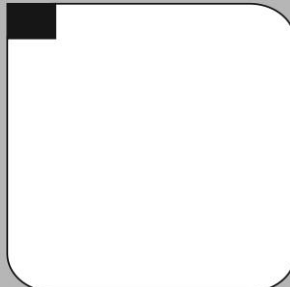
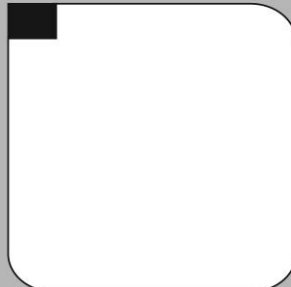
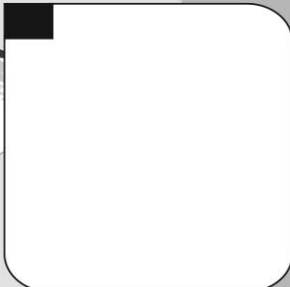
GRAB N GO ENTRÉE SALADS:

OVEN ROASTED CHICKEN CAESAR SALAD;
CHEF SALAD W/TURKEY & /OR HAM (P);
SOUTHWESTERN CHICKEN; TUNA SALAD OVER
GREENS, ETC. ALL SERVED WITH WG ROLLS,
CROUTONS, TORTILLA CHIPS, OR OTHER
COMPLIANT GRAIN OFFERING.
(P) PORK – WMM WHOLE MUSCLE MEAT
GLUTEN FREE OPTIONS AVAILABLE DAILY,
INCLUDING GLUTEN FREE WMM BREADED
CHICKEN PRODUCTS

DAILY MILK OFFERINGS ARE 1% WHITE, FF
WHITE OR FLAVORED FF MILK
ASSORTED 100% JUICES
PLEASE CONTACT DE WITH ANY CONCERNS
@481-4100 X3365



This institution is an equal opportunity provider.



**1 BEEF MEATBALL
PARMESAN ON A WG
ROLL
OR (WMM) CHICKEN
TENDER WRAP**

Roasted Garlic
Cauliflower, Celery
Sticks, Applesauce

**2 (M) BONELESS BREADED
CHICKEN WINGS WITH BBQ
OR BUFFALO SAUCE W/WG
ROLL OR
HAMBURGER/
CHEESEBURGER ON A WG
BUN-LETTUCE,
TOMATO, ONION, PICKLES
Cucumber Salad
Potato Tots
Fresh Orange**

**5 PULLED PORK ON WG
BUN (P) OR
(WMM) CHICKEN
TENDERS W/BBQ OR
HONEY MUSTARD**
Roasted Butternut
Squash
Baked Beans
Fresh Pear

**6 PARENT/TEACHER
CONFERENCE
SCHOOLS
CLOSED**

**7 DUTCH WAFFLE
CHICKEN SAUSAGE
PATTY
OR
FLATBREAD PIZZA**
Red Pepper Strips
Cucumber Coins with
Ranch or Italian Dressing
Peach Cup

**8 NATIONAL NACHO DAY
BEEF TACOS W/CHEDDAR
CHEESE, LETTUCE, SALSA
OR
NACHOS W/CHICKEN
CHEDDAR CHEESE**
Pinto Beans, Mexicali Corn
NYS Fresh Apple

**9 HAMBURGER OR
CHEESEBURGER ON A
WG BUN W/CHOICE OF
LETTUCE, TOMATO, ONION
& PICKLES
OR
GRILLED CHEESE
SANDWICH
TOMATO SOUP**
Cucumber Sticks
Fresh Grapes

**12 SCHOOLS
CLOSED
VETERANS DAY**

**13 CHEESE PIZZA WITH OR
WITHOUT CHICKEN
PEPPERONI
OR
TURKEY & CHEESE WRAP**
Broccoli Florets
Red & Green Pepper Strips
Fresh NYS Apple

**14 PASTA W/W BEEF MEAT
SAUCE OR
PASTA GARLIC & OLIVE
OIL PARMESAN CHEESE
TOASTED GARLIC BREAD**

Baby Carrots, Celery Sticks
Fresh Orange

**15 HOLIDAY LUNCH
ROASTED DELI TURKEY
WITH GRAVY ON
TOASTED BREAD
GARLIC MASHED
POTATOES
OR
CHEESE STUFFED
BREADSTICKS
W/MARINARA SAUCE**
Green Beans,

**16 (WMM) BONELESS
BREADED CHICKEN WINGS
WITH BBQ OR BUFFALO
SAUCE W/WG ROLL OR
HAMBURGER/
CHEESEBURGER ON A WG
BUN-LETTUCE,
TOMATO, ONION, PICKLES
Cucumber Salad
Potato Tots
Fresh Orange**

**19 (WMM) CHICKEN
TENDERS WITH BBQ OR
HONEY MUSTARD
OR
BEEF BURRITO
SPANISH RICE**
Celery Sticks, Pinto Beans
Fresh NYS Apple

**20 CHEESE PIZZA OR
CHICKEN
PEPPERONI PIZZA
OR
MOZZARELLA
STICKS WITH
MARINARA SAUCE
WG DINNER ROLL**
Broccoli, Carrot Coins
Fresh Pear

**21 LUCKY TRAY DAY
MACARONI & CHEESE
WITH BREADSTICK
OR
CRUNCHY FISH TACOS**

Cheese, Coleslaw, Salsa
Red Pepper Strips
Fresh Orange

**22 THANKSGIVING
RECESS

SCHOOLS
CLOSED**

**23 THANKSGIVING
RECESS

SCHOOLS
CLOSED**

**26 CHICKEN QUESADILLA
ON SOFT TORTILLAS,
CHEDDAR CHEESE &
TOMATO SALSA
(WMM) CHICKEN PATTY
ON WG ROLL-
LETTUCE, TOMATO,
DRESSING CHOICE**
Black Beans, Baby Carrots
Fresh Pear

**27 CHEESE PIZZA OR
CHEESE PIZZA
W/BROCCOLI OR
TURKEY AND
CHEESE WRAP**
Cherry Tomatoes
Baby Carrots
Peach Cup

**28 NATIONAL FRENCH
TOAST DAY
FRENCH TOAST
STICKS
CHICKEN SAUSAGE
PATTY OR
FLATBREAD PIZZA**

Red Pepper Strips,
Applesauce

**29 BEEF MEATBALL
PARMESAN WITH
MARINARA ON A
WG ROLL
OR (WMM) CHICKEN
TENDER WRAP**

Roasted Garlic
Cauliflower, Celery
Sticks Applesauce

**30 CHEESE SANDWICH
CREAMY TOMATO
SOUP
OR
(WMM) CHICKEN
PARMESAN ON A
WG BUN WITH
MARINARA
Cucumber Sticks
Fresh Grapes**